GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

Conserve Energy Sensibly

Good Washing and Drying Techniques are Effective Savers

Make the most of laundry care appliances by using them efficiently. Take the time to read use and care manuals. Follow good laundering and drying techniques. Here are some suggestions:

*Read and follow package directions carefully on all laundry products. Be sure to use the recommended amount of detergent, more in hard water, for larger loads of clothes or for very dirty clothes.

*Pretreat or presoak stains and heavy soils. This will eliminate the need for rewashing.

*Do not overload the washer, and thus limit the cleaning action of the machine. On the other hand, for best energy conservation, wait for full loads of similar fabrics, degree of soil, weight and color, to accumulate, when possible. If it is necessary to wash small loads, be sure to use a lower water level setting.

*Choose a wash time and cycle suitable for the type of load. Shorter wash time may be used for lightly soiled items.

*In the interest of conserving energy, you may choose to use lower washing temperatures. Since individual standards vary, some may be satisfied with the results while others will not. This becomes a matter of personal preference. It should be pointed out that in order to achieve best cleaning results, there are other factors to be considered in addition to water temperature. They include amount and kind of soil to be removed, water hardness, the amount and kind of detergent used, the type of fabric, the amount and kind of washing action and the size of the wash load.

*Rinse with cold water. It does an effective job in most cases, and cuts down on energy needed to heat the water.

*Help reduce drying time by using a high spin speed for highly absorbent items, such as towels.

*Separate lightweight and heavyweight items for faster and more uniform drying. *Do not overdry. Besides wasting energy, overdrying can give a harsh feel to some items.

*Do not allow garments to remain in the dryer after it has shut off. This can cause wrinkling, especially in permanent press articles. Remove clothes promptly to reduce the need for touch-up ironing.

*Clean the lint filter of a dryer after each load. If this is not done, longer time is required of the appliance to dry clothes.

*Vent the dryer for more efficient operation; use the shortest, straightest duct possible.

*For things that do need ironing, conserve electricity here by taking advantage of "cool down" periods. For example, tackle cottons and linens with high heat. Then disconnect the iron and use residual heat to press items that require cooler temperatures.

Recipe of the Week
Applesauce Cake

1 cup butter or margarine
2 tsp. cinnamon
1 tsp. cloves
2 cups sugar
2 cups raisins
2 cups applesauce
1 cup crushed pineapple (do not drain)
2½ cups flour
2 tsp. soda
½ tsp. salt
2 eggs
2 cups nut meats (Blk. Walnuts or Pecans, ½ of each is good)

Blend sugar and butter until smooth. Add eggs and beat well, mix flour, spices, soda and salt together and add to first mixture, alternately with applesauce. Add pineapple, raisins and nuts. Coat nuts and raisins with ½ cup of flour listed above. Pour into greased tube pan and bake 350° for 1 to 1½ hours depending on speed of oven.

STUDENTS WHO ATTENDED THE DECA District Leadership Conference were (left to right) Front row - T. Almond, W. Henry, W. Mosley, H. Carter, M. Turner, Back row, B. Moses, E. Ragland, M. Shorter, W. Ferguson, A. Harris.

DECA COMPETIVE EVENTS winners were (front, l. to r.) seated, William Henry, Wayland Ferguson, Walter Mosley; Standing, Bud Moses, Allen Harris and Jack Hutcheson, chapter advisor.

DECA Students Win 5 Trophies

Ten students from Appomattox County High School took part in this year's distributor's educaton competitive event. The competition was held Feb. 12, at Brookville High School. Of the nine students who actually entered the contest, 5 won trophies.

The purpose of the DECA (Distibutor's Education Clubs of America) competitive events is to provide students enrolled in DE a chance for recognition of the skills they have acquired in the classroom. DECA members from ACHS were in competition with DE students from eight other schools in the area.

Students who took part in the competition and their events are as follows: Terry Almond, Job Interview I; Walter Mosley, Sales Judging; Harvey Carter, Parlimentary Procedure; Bud Moses, Job Interview, Coop; William Henry Display; Allen Harris, Decison Making & Student of the Year; Wayland Ferguson, Group Sales. Trophy winenrs were William Henry, Wayland Ferguson, Allan Harris, Bud Moses, Walter Mosley, Eddie Ragland served as the chapter's voting delegates and Mr. Tim Stephens, a student teacher from Va. Tech, who helped drive and were judges for the Parliamentary Procedure Contest.

The chapter would like to extend a special note of thanks to Mr. R. B. Carter, director of Vocational Education, and Mr. Tim Stephens, a student teacher from Va. Tech, who helped drive and were judges for the Parliamentary Procedure Contest.

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Rocks

FEB. 16 - It was a beautiful week here last week. The farmers were busy plowing and getting up plant patches.

A number attended the Oscar Fleshman funeral at Concord Presbyterian Church on Wednesday afternoon.

Dave Goin was taken to Virginia Baptist Hospital on Thursday afternoon.

Mr. and Mrs. Ryland Routt and Linda were visiting Mr. and Mrs. R. E. Roach on Thursday night.

Friends are sorry to hear Gladys Wilcox entered Community in Roanoke Sunday for surgery.

A speedy recovery is wished her.

A number attended the Valentine exercise at Pamplin School on Thursday afternoon.

Mrs. Lottie Mae Marks of Lynchburg spent the week end with Mr. and Mrs. S. E. Ranson of Pamplin.

It was a good day at Rocks Sunday. Mr. and Mrs. David Reed and daughter, Carol, joined the church.

The Rocks Quartet went to Palymra Sunday night to sing.

Mr. and Mrs. R. E. Roach left Friday to spend the week end at Waynesboro with Mr. and Mrs. L. M. Williams and Steve.

Walter Ranson has put aluminum siding on his dwelling house.

Dave Goin returned home Sunday from the hospital.

Rev. W. H. Elder preached at Bethel Church at Phenix on Sunday for Rev. R. E. McDowell who is recovering from surgery recently.

Don't forget the mid-week services at 7:30 p.m. We will be studying the second chapter of Hoses. 8:30 p.m. - Adult Choir Practice. Your faithfulness is needed to keep this going.

WMU Focus Week was Feb. 8-14.

On Sunday the WMU honored one of their faithful members, Cassie Baldwin, with a pin, presented by Helen Inge, president of WMU. A special song, "Something good is going to happen to you" by Ruby Almond.

This was quite a surprise and thanks to all for remembering me in such a nice way.

A speedy recovery is wished John Farrar of Evergreen, who is quite ill in Lynchburg General Hospital.

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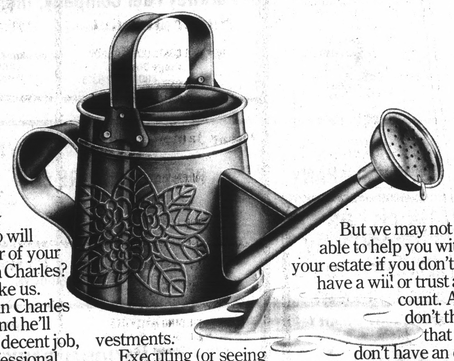
Or, to put it in less flowery language, who will act as executor of your estate? Cousin Charles? Or someone like us.
Now Cousin Charles is no slouch, and he'll probably do a decent job, but a real professional might save your beneficiaries a lot of extra grief. And money. Here's a quick example. Did you know that by opening a trust account with Fidelity on let's say a $150,000 estate, you could save your beneficiaries about $16,000 in taxes? And that's just the beginning. We can consult with you in many areas, from your will and trust to current investments.
Executing (or seeing that a will is probated) isn't easy, and experience sure helps. Assets must be collected to provide for the immediate needs of beneficiaries; insurance and investment companies must be notified; someone must tend to the mortgage if there is one. And on and on. Then there are complicated tax returns to be filed and taxes paid. To Cousin Charles, it's a burden. To us, it's routine.
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By Verna Conner

Are you getting bored with my long review of Tree of Liberty? It is my hope that you will become interested enough to read the whole book. In no other way, except by reading pure history, can one get the feeling of the times during and after the Revolution.

Last week's resume of the first three parts brought us up to the surrender of Cornwallis at Yorktown and the disbanding of the army.

Part IV - 1783-1789 deals with the difficulties of Matthew Howard when all his plans go wrong and he must take sides against his son, James. Matthew joins Patrick Henry in his fight for the common people while James joins Alexander Hamilton and the Federalist Party. His mother, Jane, agrees with him that the aristocrats should rule.

Part V - 1789-1797 - Jefferson comes home from France; James marries; Hamilton explains to James why he favors a Federal government ruled by a select few; Peyton decides to practice law in Philadelphia since the capital is to move there and his experience with Mr. Jefferson will give him an advantage in the Federal Courts; Mary, who married George Norton against her mother's wishes, dies, leaving five children. Jane wishes to rear them at Albemarle Hall but their father refuses so Jane, broken hearted, goes to New York to spend the winter with James and his wife. At this time the Revolution in France is causing dissension in America - some approving and wishing to help the rebels while others cling to the old order of things and James for the first time, questions Hamilton's judgment.

In Part VI - 1797-1801, Peyton is tried for sedition and sent to prison - a martyr to the cause of freedom of speech and press. His two sons, Adrien and Tom work for his release but to no avail since feeling is running high against anyone who dares to criticize the President or Congress.

Part VII - 1801-1806 -In these last chapters, Jefferson is elected President in a close vote between him and Burr; Jane interferes in her grandson's life and lives to bitterly regret it; Matthew visits Washington and finds that after all, a spirit of tolerance is not as dangerous as he had tried to make Jefferson believe; Tom, another grandson, goes on an expedition with Lewis and Clark and realizes the width and breadth of the western territory.

And so this great book ends with my esteem for Jefferson greater than ever. Some of you may have read Gore Vidal's book entitled "Burr" in which Jefferson is vilified and made to look worse than any of our modern Watergate figures. After you read Tree of Liberty you will understand why Burr was jealous of Jefferson and why he hated him.

The Iron Worker, a magazine published quarterly by the Lynchburg Foundry has an article in the Autumn 1975 issue on Philip Mazzeri by Ralph S. Walker. Since Mazzei was a close friend of Thomas Jefferson and the articles he wrote for the Williamsburg Virginia Gazette could have influed Jefferson's wording of the Declaration of Independence, I would suggest that you borrow this magazine from your County Library and read it.

Jordan News

Sunday School - Sunday morning - 10 a.m.; Preaching Services - Sunday Morning - 11 a.m.

On Sunday night, Feb. 22, beginning at 7 p.m. the Senior Choir of the Jordan Baptist Church will be celebrating their 25th anniversary. They would like to invite everyone out to help make this program a success.

Prayer Service - Wed., Feb. 25 at 7:30 p.m.

On the 5th Sunday night the Usher Board will be sponsoring a singing program beginning at 7:00. The public is invited to attend.

On the first Sunday night in March the Holiness Singers will be singing here at 7 p.m.

On the 4th Sunday night in March, beginning at 5:30 p.m. the Gospel Harmonettes will be celebrating their 4th anniversary at the Appomattox Intermediate School.

Senior Choir Practice is on Friday night at 7:30 . All members plan to be present.

Wedding Invitations, Informals on sale at THE TIMES-VIRGINIAN - Newspaper office - Phone 352-8215 - Appomattox, Va. 1-15-tf

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Advised To Mark Citizen Band Radios

On February 11, 1976 at an organizaitonal meeting of Area Sheriffs and Chiefs of Police, a discussion was held concerning the tremendous increase in thefts of citizen band radios. Law enforcement agencies are appealing to area citizens to contact the sheriffs or police department in their area and obtain an engraving tool and mark their radio to enable it to be identified in the event it is stolen and later located. The association noted that there has been a dramatic increase of radio thefts in the past several months and in many cases the vehicle is not locked. It was also suggested that the unit be installed in such a manner to permit its easy removal by the owner thereby eliminating the temptation of theft when the car is parked and unattended.

In the event persons or automobiles are observed under suspicious circumstances in areas where thefts have been reported in the past.

with Mrs. David Phillips Monday evening.

The officers and teachers Bible Study of Evergreen Baptist Church will meet Friday, February 20 at 7:00 p. m. in the home of Mr. and Mrs. Kenneth St. John.

The Evergreen Ruritan Club will meet Thursday, February 19 at 6:30 p. m. at the Evrgreen Community Center.

Airman Dean Paulette and Airman David Ash of Pope Air Force Base, N. C. spent the week end with Mr. and Mrs. Leon Paulette and family.

Mr. and Mrs. Bernard Owen visited in the home of Mr. and Mrs. Ronnie Stevens Thursday.

Mr. John Farrar and Mr. J. Melvin Garrett are both patients at Lynchburg General Hospital.

Evergreen

Pamplin Charge Bible Study and UMYF will meet at Pamplin United Methodist Church, Sunday, February 22 at 7:00 p. m.

The Crusaders For Christ Sunday School Class of Evergreen Baptist Church met

use the WANT ADS

Candidates for Mayor and Councilmen for the Town of Pamplin are now signing up for the May 4th Town Election. All interested persons may sign up at the Clerk's Office in Appomattox before March 2.

Miss Flora Belle Williams is a patient at Virginia Baptist Hospital and will undergo surgery for a broken hip.

Mr. and Mrs. David Savitz of Roanoke visited his parents in Columbia South Carolina last week end.

The Methodist Men's Club will sponsor a Pancake Supper Saturday, March 5 at the Fire House begining at 5 p. m. All you can eat for $2.00. The receipts will be sued for retarded children.

Mrs. Otho Deaner of Lynchburg visited friends last Friday.

Mr. and Mrs. Bill Dudley and Will of Blacksburg visited his parents, Mr. and Mrs. W. C. Dudley last week end.

Mr. Frank Gilliam has returned home after undergoing surgery at Southside Hospital, Farmville.

TIMES-VIRGINIAN, INC.
Appomattox, Va.

Hollywood

Our pastor Rev. Paul Baltchaser, will teach the Book of Hosea at Hollywood Church the week of Feb. 23-26 at 7:30 each night.

The young people of Central and Hollywood Churches enjoyed very much the Valentine dinner and film at Hollywood Church Saturday night.

Miss Odell Webb spent last week in Lynchburg with Mr. and Mrs. Lawrence Woodson.

Mr. and Mrs. Arney Pickeral of Lynchburg visited Mrs. Mary Bagby Thursday afternoon.

Mr. and Mrs. W. H. Wingfield visited Mr. and Mrs. Whit Woodall and Mr. and Mrs. Clem Woodall and family, of Lynchburg, Mr. and Mrs. Jackie Woodall & family & Mr. & Mrs. J. A. Woodall of Spout Spring Saturday.

We are very sorry to hear of the illness of Mr. Frank Woodall and Mr. and Mrs. Walker Woodall, of Lynchburg. We hope they may soon be well.

Mr. and Mrs. Robert Coleman visited Mrs. M. L. Covington Friday afternoon.

Mr. and Mrs. Scott Sheets have returned home after spending some time with their son and family, Mr. and Mrs. Dean Sheets, of Tampa, Fla.

We are very sorry to hear Mr. J. L. Torrence is on the sick list. We pray he may soon be well.

Mr. and Mrs. Thomas Woodall and Lisa and Mrs. Mary Bagby were dinner guests Sunday of the W.H. Wingfields.

Mrs. W. T. Covington spent several days last week with Mr. and Mrs. Robert Coleman.

Those calling in the home of Mrs. Mary Bagby last week were Mr. and Mrs. Kenneth Deaner, Mr. Scott Sheets, Mr. Alfred Almond, Katherine and Julia Wingfield, Ruby and Lis Woodall, Mary Ellen, William and April Watson.

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